

## 時間表

節次	上課日次	一	二	三	四	五
	時間					
	8:05am – 8:50am	早禱 / 班主任時間 / 早讀課 / 收功課時段 Morning Assembly / Class Teacher Period / Morning Reading Period / Homework Collection				
1	8:50am – 9:30am					
	9:30am – 9:45am	小 息 Recess				
2	9:45am – 10:25am					
3	10:25am – 11:05am					
	11:05am – 11:20am	小 息 Recess				
4	11:20am – 12:00pm					
5	12:00pm – 12:40pm					
	12:40pm – 1:40pm	午 膳 Lunch Time				
6	1:40pm – 2:15pm					
7	2:15pm – 2:50pm					
8	2:50pm – 3:25pm					
	3:25pm – 3:40pm	班主任時間(初中) / 小息(高中) Class Teacher Period (Junior Form) / Recess (Senior Form)				
9	3:40pm – 4:15pm					

## 時間表

節次	上課日次	六	七	八	九	十
	時間					
	8:05am – 8:50am	早禱 / 班主任時間 / 早讀課 / 收功課時段 Morning Assembly / Class Teacher Period / Morning Reading Period / Homework Collection				
1	8:50am – 9:30am					
	9:30am – 9:45am	小 息 Recess				
2	9:45am – 10:25am					
3	10:25am – 11:05am					
	11:05am – 11:20am	小 息 Recess				
4	11:20am – 12:00pm					
5	12:00pm – 12:40pm					
	12:40pm – 1:40pm	午 膳 Lunch Time				
6	1:40pm – 2:15pm					
7	2:15pm – 2:50pm					
8	2:50pm – 3:25pm					
	3:25pm – 3:40pm	班主任時間(初中) / 小息(高中) Class Teacher Period (Junior Form) / Recess (Senior Form)				
9	3:40pm – 4:15pm					